

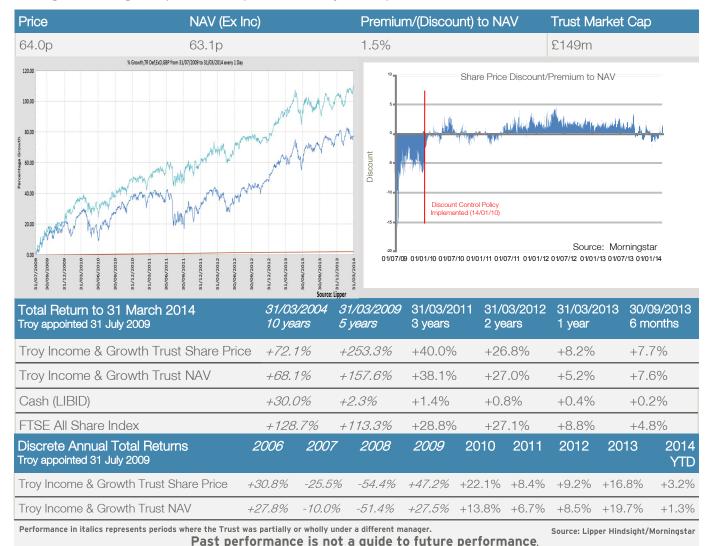


Troy Income & Growth Trust plc

www.tigt.co.uk

March 2014

The investment objective of the Troy Income & Growth Trust plc is to provide shareholders with an attractive income yield and the prospect of income and capital growth through investing in a portfolio of predominantly UK equities.



March Commentary

During the month the Trust delivered a Net Asset Value total return of -0.6% and share price total return of +1.6%. This compares with a -2.6% return for the FTSE All Share Index.

We rarely enjoy seeing the names of the companies in which we invest making headlines so it was with mixed feelings that we heard that Inmarsat has been playing a critical role in the tragic search for flight MH370. Inmarsat is the owner of a constellation of geostationary satellite assets through which it provides communication capability to users in far flung geographies. These

customers include the military, global oil companies and much of the world's merchant fleet. It is the superior global coverage of this satellite network that enabled Inmarsat to direct the multinational search efforts to the Southern Indian Ocean and which compelled us to invest in mid 2011.

Since that time Inmarsat has overcome the risks of new satellite launches to further strengthen its constellation and therefore increase the barriers to competition. Over the same period the shares have delivered a return twice that of the

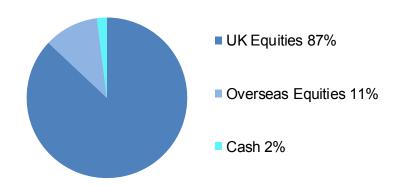
market. Despite this strong historic performance we continue to hold the stock and expect the demand for communications to continue to drive earnings and dividend growth. The stock currently yields an attractive 4%.

Elsewhere growth expectations are becoming more accurately reflected in prices. As a result we reduced the Trust's holdings in AstraZeneca and Sage, and added to still attractively valued positions in stocks such as Lloyds (when the government sold down a further tranche of its stake) and Centrica.

Asset Allocation by Sector Oil & Gas 9% Industrials 2% Consumer Goods 23% Healthcare 6% Consumer Services 8% Telecoms 7% Financials 24% Technology 3% Utilities 15% Cash 2%

Top 10 Holdings	% Fund
Unilever	3.7
Royal Dutch Shell 'B'	3.6
British American Tobacco	3.5
Reynolds American	3.5
GlaxoSmithKline	3.3
Reckitt Benckiser	3.3
HSBC Holdings	3.3
Centrica	3.2
BP	3.1
Pennon	3.1
Total Top 10	33.6
32 other holdings	64.4
Cash	2.0
Total	100.0

Asset Class Split



Fund Information

A copy of the latest prospectus upon which you should base your investment is available from the following website, www.tigt.co.uk.

Basic Materials 1%

Structure	ondon Listed Investment Trust	Capital Structure		Dividend Yield (trailing 12 months)	3.4%
Chairman	David Warnock	Ordinary Shares:	233,248,445	Q3 2012/13	0.525p
Non-Executive Direct	tor Jann Brown	Treasury Shares:	8,809,000	Q4 2012/13	0.55p
Non-Executive Direct	tor Kevin Hart	Net Assets	£147,829,164	Q1 2013/14	0.55p
		Management Fee	0.75% per annum	Q2 2013/14	0.55p
Investment Manager (of the company's net assets)		Dividend Payments January, April, July, October			
Troy Asset Management Ltd, Brookfield House, Ongoing Charges 1.06%		Market Makers: CANA, CFEP, NUMS, JPMS, WINS, OREL, INV, NITE			
44 Davies Street, London, W1K 5JA		Allocation of Expense and Interest	Capital 65%	Bloomberg/Epic/Reuters Code:	TIGT
Tel: 020 7499 4030 / Fax: 020 7491 2445 email: info@taml.co.uk			Revenue 35%	Sedol:	0370866 GB
Fund Manager	Francis Brooke	Established	1988	Secretary Personal Assets Trust Adr	ministration Co
Assistant Fund Mana	nger Hugo Ure	Year End	30 September	Pricing Share price is listed	daily in the FT
Benchmark	FTSE All Share Total Return	Premium/(Discount)	1.5%	Auditor Ernst & Young LLP	
Currency	£ Sterling	Gearing	Nil		

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